



WORKING ON WELLNESS UPDATES

SCHWARTZ CENTER ROUNDS  
HOLIDAY SCHEDULE CHANGE

San Francisco General Hospital's  
Schwartz Center Rounds

Stories from Patients and Providers

Community Wellness Center: Room 2D35 Thursday, December 10<sup>th</sup> at NOON

FREE Lunch! New Topic!  
(First Come, First Serve)  
#meetme@Schwartz



Open to ALL employees, clinicians, trainees and other SFGH/UCSF/SFHN personnel. Identification badge must be worn to attend.

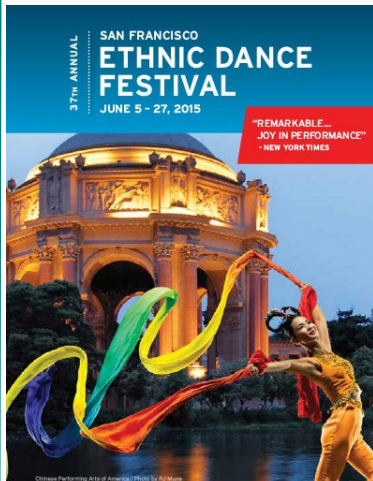
The following speakers have declared they have no commercial relationships and no disclosures:



the schwartz center  
www.sfgwellness.org  
(415)206-4995

Due to Veteran's Day and the holiday season, the next Schwartz Center Rounds will take place **Thursday December 10<sup>th</sup>** from noon to 1:00PM. Please join us for a heartwarming coming together to listen to letters patients have written providers, share your own reflections from the past year, and plant new seeds for 2016. The Rounds will take place, as usual, in the Community Wellness Center and will offer a tasty lunch.

EXPERIENCE THE SF ETHNIC DANCE FESTIVAL



Next Saturday and Sunday, November 14th and 15th, Worlds Arts West is hosting its second weekend of annual auditions for the 2016 Ethnic Dance Festival. Auditions are open to the public and a magnificent opportunity to see, hear and feel a large variety of dances from around the world performed by local artists. This season, **over a 100 companies are auditioning** representing music and dance from countries such as Algeria, Bulgaria, China, Colombia, Congo, India, Mexico, the Middle East, Okinawa, Peru, the Philippines, Senegal, South Africa and Tajikistan, and you can see a full day of dancing for \$10.00 (free for children ages 12 and under). Auditions are taking place at the San Francisco Palace of Fine Arts. For more information, visit <http://worldartswest.org/main/schedule.asp>.

CONTACT US

San Francisco General Hospital  
Community Wellness Center  
1001 Potrero Ave. Suite 2D35  
San Francisco, CA 94110  
Tel: (415) 206-4995  
We're on the WEB!  
[www.sfgwellness.org](http://www.sfgwellness.org)

FOOD FOR THOUGHT

“An attitude of gratitude brings great things”