Dates in a green circle are the start of a class series. In 2014, new options: four 7-session evening classes (sessions in red) and two 3-session daytime classes (sessions in yellow).

Dates in a blue square are Relapse Prevention classes for all graduates of our SFGH Stop Smoking program.

For class location and information, visit www.sfsmokefree.org
To register, ask your medical provider to use E-Referral or call 206-6074