



# MENU

## Proteins

**Umami Tofu (Vegan) \$11**

Organic Firm Tofu/ Mushrooms/ Tomatoes /Sweet Garlic Soy / Scallions  
Sesame Seeds

**Brussels & Cauli Veg Medley (Vegan) \$12**

Brussels/Cauliflower/Quinoa/Grilled Onions & Bell Peppers/Sesame

**Sweet & Kinda Spicy Glazed Chicken \$11**

Sweet & Spicy Glaze/ Sesame Seeds/ Scallions

**Pesto Chicken (GF) \$11**

Boneless Skinless Chicken/Peanut Crumble/ Herb Aioli/ Cilantro

**Hari Cari Chicken Curry(GF) \$11**

Chicken/ Coconut Milk & Tomato base/ Indian Spices/ Carrots  
Potatoes/Cilantro

**Five-Spice Pulled Pork (GF) \$11**

Braised Pork / Chinese 5-Spice Blend/Honey /Cider vinegar. NOT Spicy!

**Mongolian Steak \$12**

Tri-Tip/Bell Peppers/Red Onions/Black Pepper Soy/Scallions/Sesame

**Garlicky 'Jerk' Prawns (GF) \$14**

6 Prawns/ Jerk Seasoning/ Caramelized Onions/ Garlicky Sauce/  
Scallions/ Sesame Seeds



## How to Order Your BOWL

### **1. Pick Your Protein**

**(See Side Page)**

### **2. Sides:**

White Rice

Brown Rice

Spring Salad

Garlic Noodles (+\$1/pp)

### **3. IF Salad: Pick Dressing**

Tomato Balsamic Vinaigrette (not Spicy)

House Sambal Sesame Vinaigrette (Sweet & Spicy)

**4. Thank You! 😊**