

# Chia Pudding

## Chocolate Chia Pudding

Serves 2

Adapted from foooddoodles.com 2 tbsp chia seeds

- 1/2 C unsweetened almond milk
- 2 tbsp maple syrup
- 1 tbsp cocoa powder
- 1/2 tsp vanilla

Mix all the ingredients together. After everything is mixed, cover and leave on your counter for 20 minutes before enjoying.



## Jasmine Pearl Infused Coconut Chia Pudding with Raspberries

Serves 2

Adapted from sweetroots.blogspot.com

- 1 tbs Jasmine Pearl Green Tea
- 1 1/2 c coconut milk
- 1/4 c chia seeds
- 1 cup raspberries
- 1 tsp honey

1. Heat the coconut milk until gently boiling.
2. Remove from stove. Add jasmine green tea. Let steep for ten minutes.
3. Add chia seeds once milk is cool.
4. Let sit thirty minutes to overnight in fridge.
5. Top with fresh or thawed raspberries. ENJOY!



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