

Avocado Chocolate Pudding

Serves 2

Adapted from forgivingmartha.com

Ingredients

- 1 ripe avocado
- 1/2 ripe banana
- 1/4 cup cocoa powder
- 1/4 cup maple syrup
- 1/4 cup almond milk
- 1 teaspoon vanilla extract
- 1/4 cup chopped almonds
- Celtic sea salt

Directions

- Peel and quarter a ripe avocado.
- Put all the ingredients in a blender and blend until smooth.
- Divide in two small bowls. Sprinkle celtic sea salt on top with almonds and enjoy!

